



Kafkas Üniversitesi
SARIKAMIŞ SCHOOL OF PHYSICAL EDUCATION & SPORTS

Beden Eğitimi Öğretmenliği Programı

Beden Eğitimi Öğretmenliği

1.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012005101	Introduction to Physical Education and Sport Science	3+0+0	Compulsory	0
012005103	Human Anatomy and Kinesiology	4+0+0	Compulsory	0
012005105	GENERAL GYMNASTICS	1+4+0	Compulsory	0
012005107	HEALTH INFORMATION	3+0+0	Compulsory	0
012005109	TURKISH WRITTEN EXPRESSION I	2+0+0	Compulsory	0
012005111	FOREIGN LANGUAGE ENGLISH I	3+0+0	Compulsory	0
012005113	INTRODUCTION TO THE TEACHING PROFESSION	3+0+0	Compulsory	0
012005115	Foreign Language German	3+0+0	Compulsory	0
Total ECTS				0

2.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012002118	Foreign Language German	3+0+0	Compulsory	0
012005102	LIFELONG SPORTS	2+2+0	Compulsory	0
012005104	RHYTHM EDUCATION AND DANCE	1+4+0	Compulsory	0
012005106	ATHLETICS I	1+4+0	Compulsory	0
012005108	TURKISH VERBAL EXPRESSION II	2+0+0	Compulsory	0
012005110	SCHOOL EXPERIENCE I	1+4+0	Compulsory	0
012005112	FOREIGN LANGUAGE ENGLISH II	3+0+0	Compulsory	0
BRYI	INDIVIDUAL SPORTS I	-	Elective	0
Total ECTS				0

012005114	Individual Sports I Skiing	1+4+0	Elective	0
012005116	Individual Sports I Swimming	1+4+0	Elective	0
012005118	Individual Sports I Badminton	1+4+0	Elective	0
012005120	Individual Sports I Sport Rhythmic Gymnastics	1+4+0	Elective	0
012005122	Individual Sports I Wrestling	1+4+0	Elective	0
012005124	Individual Sports I Tennis	1+4+0	Elective	0
012005126	Individual Sports I Mountaineering	1+4+0	Elective	0
012005128	Individual Sports I Table Tennis	1+4+0	Elective	0
012005130	Individual Sports I Cycling	1+4+0	Elective	0

3.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012005201	SPORTS PHYSIOLOGY	3+2+0	Compulsory	0
012005203	ARTISTIC GYMNASTICS	1+4+0	Compulsory	0
012005205	ATHLETICS II	1+4+0	Compulsory	0
012005207	SPORTS NUTRITION	3+0+0	Compulsory	0
012005209	DEVELOPMENT AND LEARNING	3+0+0	Compulsory	0
012005211	ATATÜRK'S PRINCIPLES AND HISTORY OF REVOLUTION I	2+0+0	Compulsory	0
TAKIM I	TEAM SPORTS I	-	Elective	0
Total ECTS				0

012005213	Team Sports I Basketball	1+4+0	Elective	0
012005215	Team Sports I Football	1+4+0	Elective	0
012005217	Team Sports I Handball	1+4+0	Elective	0
012005219	Team Sports I Volleyball	1+4+0	Elective	0

4.Semester Course Plan				
Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012005202	EXERCISE INFORMATION	3+0+0	Compulsory	0
012005206	PLANNING AND EVALUATION IN TEACHING	3+2+0	Compulsory	0
012005208	AVOIDING SPORTS DISABILITIES AND REHABILITATION	3+0+0	Compulsory	0
012005210	FIRST AID LIVES RESCUE AND REHABILITATION	2+2+0	Compulsory	0
012005212	ATATÜRK'S PRINCIPLES AND HISTORY OF REVOLUTION II	2+0+0	Compulsory	0
012005222	Computer	3+0+0	Compulsory	0
TAKIM II	TEAM SPORTS II	-	Elective	0
Total ECTS				0

012005214	Team Sports II Basketball	1+4+0	Elective	0
012005216	Team Sports II Handball	1+4+0	Elective	0
012005218	Team Sports II Football	1+4+0	Elective	0
012005220	Team Sports II Volleyball	1+4+0	Elective	0

5.Semester Course Plan

Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012005301	Psychomotor Development	3+0+0	Compulsory	0
012005303	INSTRUCTIONAL TECHNOLOGY AND MATERIAL DEVELOPMENT	2+2+0	Compulsory	0
012005305	PHYSICAL COMPATIBILITY	2+2+0	Compulsory	0
012005307	EDUCATIONAL GAMES	2+2+0	Compulsory	0
012005351	Individual Sports II	3+0+0	Compulsory	3
012005347	Elective I Handball	3+0+0	Elective	0
BRY II	INDIVIDUAL SPORTS II	-	Elective	0
SEÇMELİ I	ELECTİVE I	-	Elective	0

Total ECTS 3

012005309	Individual Sports II Swimming	1+4+0	Elective	0
012005311	Individual Sports II Badminton	1+4+0	Elective	0
012005313	Individual Sports II Sport Rhythmic Gymnastics	1+4+0	Elective	0
012005315	Individual Sports II Wrestling	1+4+0	Elective	0
012005317	Individual Sports II Skiing	1+4+0	Elective	0
012005319	Individual Sports II Tennis	1+4+0	Elective	0
012005321	Individual Sports II Mountaineering	1+4+0	Elective	0
012005323	Individual Sports II Table Tennis	1+4+0	Elective	0
012005325	Individual Sports II Cycling	1+4+0	Elective	0
012005327	ELECTİVE I Aerobics and Dance	3+0+0	Elective	0
012005329	Elective I Human Rights and Democracy	3+0+0	Elective	0
012005331	Elective I Sports History	3+0+0	Elective	0
012005333	Elective I Training Planning and Periodization	3+0+0	Elective	0
012005335	Elective I Sports Facilities and Field Material Information	3+0+0	Elective	0
012005337	Elective I Sports Sociology	3+0+0	Elective	0
012005339	Elective I Statistics	3+0+0	Elective	0
012005341	should I Volleyball	3+3+0	Elective	3
012005343	Elective I Basketball	3+0+0	Elective	0
012005345	Elective I Football	3+0+0	Elective	0

6.Semester Course Plan

Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012005302	LEARNING SKILLS IN SPORTS	3+0+0	Compulsory	0
012005304	PHYSICAL EDUCATION AND SPORTS FOR THE DISABLED	3+0+0	Compulsory	0
012005306	CLASSROOM MANAGEMENT	2+2+0	Compulsory	0
012005308	SPECIAL TEACHING METHODS I	2+2+0	Compulsory	0
012005344	COMPUTER	2+2+0	Compulsory	0
Çocuk ve Spor II	Çocuk ve Spor II	-	Elective	0
SEÇMELİ III	ELECTİVE III	-	Elective	0

Total ECTS 0

012005148	Çocuk ve Spor II	3+0+0	Elective	0
012005312	Elective II Sports Massage and Techniques	3+0+0	Elective	0
012005314	Elective II Sports History	3+0+0	Elective	0
012005316	Elective II Training Planning and Periodization	3+0+0	Elective	0
012005318	Elective II Sports Facilities and Field Material Information	3+0+0	Elective	0
012005320	Elective II Sociology of Sports	3+0+0	Elective	0
012005322	Elective II Statistics	3+0+0	Elective	0
012005324	Antireman Planlaması ve periyotlanması III	3+0+0	Elective	0
012005326	Elective III Sports and Tourism	3+0+0	Elective	0
012005328	Elective III Sports Psychology	3+0+0	Elective	0
012005330	Elective III Modern Dance	3+0+0	Elective	0
012005332	Elective III Children and Sports	3+0+0	Elective	0
012005334	Elective III Advanced Training Information	3+0+0	Elective	0
012005336	Elective II Sports Organizations and Techniques	3+0+0	Elective	0
012005338	Elective II Skill Selection and Principles in Sports	3+0+0	Elective	0
012005340	Elective II Scientific Research Techniques	3+0+0	Elective	0
012005342	Elective II Scouting	3+0+0	Elective	0
012005346	ELECTİVE II ANIMATION AND DANCE	3+0+0	Elective	0
012005349	Spor Tesisi Saha Mazemeleri III	3+0+0	Elective	0

7.Semester Course Plan

Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012005401	RECREATION	3+0+0	Compulsory	0
012005403	SCHOOL EXPERIENCE II	1+4+0	Compulsory	0
012005405	SPECIAL TEACHING METHODS II	2+2+0	Compulsory	0
012005434	Elective IV Flexibility Strength Building Exercises	3+3+0	Compulsory	3
SEÇMELİ IV	ELECTİVE IV	-	Elective	0

Total ECTS 3

012005407	Elective IV	3+0+0	Elective	0
012005409	Elective IV Demonstration Gymnastics	3+0+0	Elective	0
012005411	Elective IV Scientific Research Techniques	3+0+0	Elective	0
012005413	Elective IV Sport Philosophy and Olympism	3+0+0	Elective	0
012005415	Elective IV Tracking	3+0+0	Elective	0
012005417	Elective IV Biomechanics	3+0+0	Elective	0
012005419	Elective IV Anthropometry	3+0+0	Elective	0
012005421	Elective IV Modern Sports Teaching	3+0+0	Elective	0
012005423	Elective V (Basketball)	3+0+0	Elective	0
012005425	Elective V Turkish Education System	3+0+0	Elective	0
012005427	Elective V Sociology of Sports	3+0+0	Elective	0
012005429	Elective V Trainer Education and Principles	3+0+0	Compulsory	0
012005431	Elective V Contemporary Physical Education and its Principles	3+0+0	Elective	0
012005433	Elective V in Sports and Media	3+0+0	Elective	0
012005435	Elective Sports and Environment	3+0+0	Elective	0
012005437	Motivation in Sports	3+0+0	Elective	0
012005439	Elective V Handball	3+0+0	Elective	0
012005441	Elective V Football	3+0+0	Elective	0
012005443	Elective V Volleyball	3+0+0	Elective	0

8.Semester Course Plan

Course Code	Course Name	T+A+L	Compulsory/Elective	ECTS
012005402	MANAGEMENT AND ORGANIZATION IN PHYSICAL EDUCATION AND SPORTS	3+0+0	Compulsory	0
012005404	GUIDANCE	3+0+0	Compulsory	0
01205406	TEACHING PRACTICE	2+6+0	Compulsory	0
012005408	ELECTİVE VI	3+0+0	Elective	0
012005410	Elective VI Technical Development and Performance Planning in Football	3+0+0	Elective	0
012005412	Elective VI Technical Development and Performance Planning in Handball	3+0+0	Elective	0
012005414	Seçmeli VI Voleybolda Teknik Gelişme Ve Performans Planlaması	3+0+0	Elective	0
012005416	Elective VI Technical Development and Performance Planning in Basketball	3+0+0	Elective	0
012005418	Elective VI Technical Development and Performance Planning in Athletics	3+0+0	Elective	0
012005420	Technical Development and Performance Planning in Elective VI Instrument Gymnastics	3+0+0	Elective	0
012005422	Elective VI Rhythmic Gymnastics Technical Development and Performance Planning	3+0+0	Elective	0
012005424	Elective VI Wrestling Technical Development and Performance Planning	3+0+0	Elective	0
012005426	Elective VI Technical Development and Performance Planning in Badminton	3+0+0	Elective	0
012005428	Elective VI Technical Development and Performance Planning in Mountaineering	3+0+0	Elective	0
012005430	Elective VI Technical Development and Performance Planning in Skiing	3+0+0	Elective	0
012005432	Elective VI Swimming	3+0+0	Elective	0

Total ECTS 0